

Hello there,

Thank you so much for registering for Dr. Dan Siegel's course on **Disorganized Attachment and Dissociation: Dissociative Identity Disorder through the Lens of Interpersonal Neurobiology**. We are happy to have you as a part of Dr. Siegel's wonderful course. Welcome!

If you haven't already, please log in to your profile at www.mindsightinstitute.com, make sure all of your information is correct, and upload a profile picture so we can put a face with a name. You will be receiving access to the first segment of the course on **October 30th, 2023**. Subsequent segments will be rolled out weekly over the course of three total weeks. This is a self-paced program, so you will be able to learn at your convenience. Your course content will appear in your "Courses" or via your Dashboard.

Online Learning Community – "Group":

Once you are registered, you will have immediate access to your Online Learning Community, your "Group," that can be found in "Social Groups" on your Dashboard. Take some time to familiarize yourself with the platform and introduce yourself to the other members of this cohort. In the "Documents" tab of your Group, you will also find outlines, notes, and references for each segment that you may download. These features and the course syllabus complement the course material.

Throughout the course, we also encourage you to create and/or take part in study groups within the Online Learning Community. You will find instructions on setting up a Study Group in the "Documents" tab of your Group. If you have any questions regarding this process, please reach out to us at info@mindsightinstitute.com.

3 Live Weekly Q & A Sessions:

There will be 3 live weekly Q & A sessions where you will be able to ask Dr. Siegel your questions. The dates and times are below, and links will be provided via a message within the platform and also under the "Discussion" and "Document" tabs of your Group.

Monday, November 6, 11:00 a.m. – 12:00 p.m., PT

Monday, November 13, 11:00 a.m. – 12:00 p.m., PT

Monday, November 20, 11:00 a.m. – 12:00 p.m., PT

CE Credits:

If you are interested in obtaining CE Credits, please use the link to the exam that will appear as the last step in the course. Afterwards, the required course evaluation will populate. If you have any difficulties or questions with this process, please reach out to us at info@mindsightinstitute.com.

Have a wonderful rest of your day. We look forward to seeing you soon.

Stay safe and be well,

Emily Rigby
Operations Manager

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